



SPF-packed products and shine-enhancing hair masks do damage-control to keep your hair, skin and nails in their best shape.

by Deanna Pai • Beauty/Fashion Assistant



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Courtesy of Tanda Pearl

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Tanda Pearl Teeth Whitening System

Spending the winter curled up with a mug of cocoa is always a great idea—but not for your teeth. Rid your pearly whites of any stains with at-home whitening system (\$195; [Click to Buy](#)). For ten five-minute sessions, the ionic formula gives you a dazzling smile without any sensitivity or sore gums.

<http://www.more.com/healthy-beauty-products>